



Texas Digestive Disease Consultants

powered by GI Alliance

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Procedure Date and Time: \_\_\_\_\_

Arrival Time: \_\_\_\_\_

Facility: \_\_\_\_\_ (see MAP)

PREP INSTRUCTIONS FOR UPPER ENDOSCOPY / E.R.C.P. / EGD

\*If you are taking Plavix, coumadin (warfarin), Eliquis, Brilinta, Lovenox or any other prescribed blood thinners, it's very important that you notify the nurses for instructions as when to STOP this medication before your procedure. If you are taking 325mg Aspirin, switch to 81mg daily 7 days prior to your procedure. Do not take on the day of your procedure

NO food or drink after MIDNIGHT the evening of: \_\_\_\_\_

If you're scheduled for the afternoon, you may have clear liquids ONLY, up to 4 hours prior to your procedure time.

List of liquids: Tea, Black Coffee (no creamer), coke, sprite, diet sodas, chicken or beef broth, Jell-O, popsicles, apple juice, cranberry juice (natural red), Gatorade, Powerade, and water. Absolutely no RED Jell-O or RED/ PURPLE products. No Orange Juice, Milk, or Milk Products.

- You may take blood pressure or heart medication with just a sip of water early on the morning of your procedure.

You MUST HAVE TRANSPORTATION from the facility by an adult family member or friend otherwise, your procedure will be canceled.

Please call our office with any questions, at 972-562-4430, option 2 for the nurse.

NOTES: \_\_\_\_\_