



EGD
(Esophogastroduodendoscopy)
PREPERATION
INSTRUCTIONS

DATE: _____ TIME: _____ ARRIVAL TIME: _____

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Clinic

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Lonestar Endoscopy

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Flower Mound, TX 75028
Phone: 214-513-6300

Presbyterian Hospital

4400 Long Prairie Rd.
Flower Mound, TX 75028
Phone: 469-322-7000

INSURANCE NOTIFICATION:

- If pre-certification is required, it will be obtained by our Central Billing Office. Contact your insurance company prior to the procedure to make sure this has been done.
- If you have changed insurance since the last time you have been seen, you must notify us of this change.
- There will be a facility and anesthesia charge in addition to the physician's fee.
- There is a possibility that other charges may incur such as pathology, radiology, or laboratory fees during the procedure necessary for your care.
- *Please bring your insurance card and driver's license to the procedure.*

5-7 Days Before the Exam:

You will likely have to stop BLOOD THINNERS prior to your exam. Your doctor will tell you how long you will need to be off the blood thinners before and after the exam. Unless instructed otherwise, DO NOT stop your aspirin. IF YOU ARE DIABETIC, contact your prescribing doctor for instructions on how to take your medication on the day of the preparation and the procedure day.

The Day Before the Exam:

Nothing to eat or drink after midnight.

The Day of the Exam:

If you are on heart or blood pressure medication, take them with a small sip of water 2 hours or more before the exam. **All other medications should be taken after your procedure.**

YOU ARE REQUIRED TO HAVE SOMEONE YOU KNOW DRIVE YOU HOME AFTER YOUR PROCEDURE. You should not drive, work, exercise or drink alcohol for the rest of the day after your exam.